

Worldwide Divine Soul Song Singing Teleconference for the World Soul Healing, Peace and Enlightenment Movement

Daily – Monday through Friday

5:30 pm (Pacific Time) / 8:30 pm (Eastern Time)

507.726.3300 or 218.486.1400; passcode 77815#

Divine Soul Song *Love, Peace and Harmony*

Lu La-a Lu La Li
Lu La-a Lu La La Li
Lu La-a Lu La-a Li Lu La
Lu La-a Li Lu La
Lu La-a Li Lu La

Wo ai wo xin he ling
Wo ai quan ren lei
Wan ling rong he mu shi sheng
Xiang ai ping an he xie
Xiang ai ping an he xie

I love my heart and soul
I love all humanity
Join hearts and souls together
Love, peace and harmony
Love, peace and harmony

Divine Sacred Soul Songs of Yin Yang and Five Elements

- Newly-released divine sacred soul treasures for healing, rejuvenation and prolonging life
- Divine soul treasures to balance Heaven, Earth and human beings
- Divine soul treasures to heal humanity, Mother Earth, planets, stars, galaxies and universes

Use the Four Power Techniques[®] to Practice

Soul Power	Ask souls to heal, bless and transform every aspect of life (soul over matter)
Body Power	Body and/or hand positions
Mind Power	Creative visualization (mind over matter)
Sound Power	Sacred Soul Songs, healing mantras and special vibratory sounds

Soul Songs of Yin Yang: Develop the Power of the Seven Houses of the Soul

Hei	Hui Yin area (perineum, between genitals and anus)
Heng	Between the navel and the Hui Yin area (Lower Dan Tian area or lower abdomen)
Hong	Navel area
Ah	Message Center area
Xi	Throat area
Yi	Brain area
Weng	Crown chakra – area of Bai Hui acupuncture point
You	Wai Jiao – the space in front of the spinal column
Ya	Above the navel

Note: When doing this practice, sit with the Hui Yin area over one palm (males sit on left palm; females sit on right palm). This palm will remain anchored throughout the practice of the Soul Songs of Yin Yang. The other palm moves to the area of each soul house as indicated below.

1. First Soul House – located in the Hui Yin area

Soul Power Say hello: *Dear soul, mind and body of my first soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*

Body Power Sit on palm under the Hui Yin area; place other palm over the first hand.

Mind Power Visualize **golden light** in the first soul house.

Sound Power Sing:
Hei Ya
Hei Ya Hei Ya You
Hei Ya Hei Ya You
Hei Ya Hei Ya Hei Ya You
Hei Ya Hei Ya Hei Ya Hei Ya You

2. Second Soul House – located in the Lower Dan Tian area (lower abdomen)

Soul Power Say hello: *Dear soul, mind and body of my second soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*

Body Power Sit on palm under the Hui Yin area; place other palm over your Lower Dan Tian.

Mind Power Visualize **golden light** in the second soul house.

Sound Power Sing:
Heng Ya
Heng Ya Heng Ya You
Heng Ya Heng Ya You
Heng Ya Heng Ya Heng Ya You
Heng Ya Heng Ya Heng Ya Heng Ya You

3. Third Soul House – located in the center of the body on the level of the navel

Soul Power Say hello: *Dear soul, mind and body of my third soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*

Body Power Sit on palm under the Hui Yin area; place other palm over your navel.

Mind Power Visualize **golden light** in the third soul house.

Sound Power Sing:
Hong Ya
Hong Ya Hong Ya You
Hong Ya Hong Ya You
Hong Ya Hong Ya Hong Ya You
Hong Ya Hong Ya Hong Ya Hong Ya You

4. Fourth Soul House – located in the Message Center (heart chakra)

- Soul Power** Say hello: *Dear soul, mind and body of my fourth soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*
- Body Power** Sit on palm under the Hui Yin area; place other palm over your Message Center.
- Mind Power** Visualize **golden light** in the fourth soul house.
- Sound Power** Sing:
Ah Ya
Ah Ya Ah Ya You
Ah Ya Ah Ya You
Ah Ya Ah Ya Ah Ya You
Ah Ya Ah Ya Ah Ya Ah Ya You

5. Fifth Soul House – located in the throat

- Soul Power** Say hello: *Dear soul, mind and body of my fifth soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*
- Body Power** Sit on palm under the Hui Yin area; place other palm over your throat.
- Mind Power** Visualize **golden light** in the fifth soul house.
- Sound Power** Sing:
Xi Ya
Xi Ya Xi Ya You
Xi Ya Xi Ya You
Xi Ya Xi Ya Xi Ya You
Xi Ya Xi Ya Xi Ya Xi Ya You

6. Sixth Soul House – located in the brain

- Soul Power** Say hello: *Dear soul, mind and body of my sixth soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*
- Body Power** Sit on palm under the Hui Yin area; place other palm over your forehead.
- Mind Power** Visualize **golden light** in the sixth soul house.
- Sound Power** Sing:
Yi Ya
Yi Ya Yi Ya You
Yi Ya Yi Ya You
Yi Ya Yi Ya Yi Ya You
Yi Ya Yi Ya Yi Ya Yi Ya You

7. Seventh Soul House – located above the crown chakra

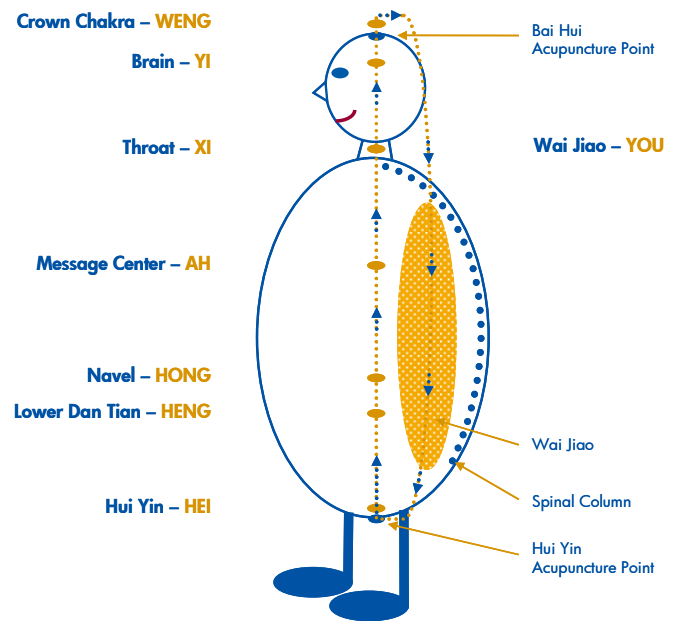
- Soul Power** Say hello: *Dear soul, mind and body of my seventh soul house, I love you. You have the power to develop yourself. Do a good job. Thank you.*
- Body Power** Sit on palm under the Hui Yin area; place other palm over your crown chakra.
- Mind Power** Visualize **golden light** in the seventh soul house.
- Sound Power** Sing:
Weng Ya
Weng Ya Weng Ya You
Weng Ya Weng Ya You
Weng Ya Weng Ya Weng Ya You
Weng Ya Weng Ya Weng Ya Weng Ya You

8. Develop the power of the Wai Jiao – the space in front of the spinal column

- Soul Power** Say *hello*: Dear soul, mind and body of my Wai Jiao, I love you. You have the power to develop yourself. Do a good job. Thank you.
- Body Power** Sit on palm under the Hui Yin area; place other palm over the back of the neck.
- Mind Power** Visualize **golden light** in the Wai Jiao.
- Sound Power** Sing:
 You Ya
 You Ya You Ya You
 You Ya You Ya You
 You Ya You Ya You Ya You
 You Ya You Ya You Ya You Ya You

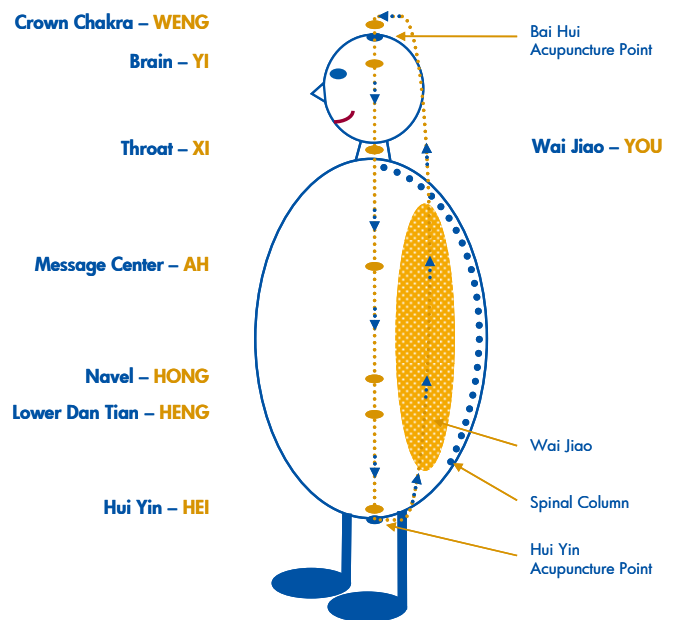
Divine Sacred Soul Song of Yin Yang Energy Circle

- Soul Power** Say *hello*: Dear soul, mind and body of my Yin Yang Energy Circle, I love you. You have the power to develop yourself. Do a good job. Thank you.
- Body Power** Sit on palm under the Hui Yin area; place other palm over the crown chakra.
- Mind Power** Visualize **golden light** in each soul house moving from the first soul house in the Hui Yin area up the center of the body to the seventh soul house above the Bai Hui acupuncture point at the top of the head, then down the back of the body in front of the spinal column to the First Soul House.
- Sound Power** Sing:
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You



Divine Sacred Soul Song of Yin Yang Matter Circle

- Soul Power** Say *hello*: Dear soul, mind and body of my Yin Yang Matter Circle, I love you. You have the power to develop yourself. Do a good job. Thank you.
- Body Power** Sit on palm under the Hui Yin area; place other palm over the crown chakra.
- Mind Power** Visualize **golden light** in each soul house moving from the first soul house in the Hui Yin area up the spinal cord to the seventh soul house above the Bai Hui acupuncture point at the top of the head, then down the center of the body to the First Soul House.
- Sound Power** Sing:
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei



Divine Sacred Soul Songs of Yin Yang

Hei Ya
 Hei Ya Hei Ya You
 Hei Ya Hei Ya You
 Hei Ya Hei Ya Hei Ya You
 Hei Ya Hei Ya Hei Ya Hei Ya You

Heng Ya
 Heng Ya Heng Ya You
 Heng Ya Heng Ya You
 Heng Ya Heng Ya Heng Ya You
 Heng Ya Heng Ya Heng Ya Heng Ya You

Hong Ya
 Hong Ya Hong Ya You
 Hong Ya Hong Ya You
 Hong Ya Hong Ya Hong Ya You
 Hong Ya Hong Ya Hong Ya Hong Ya You

Ah Ya
 Ah Ya Ah Ya You
 Ah Ya Ah Ya You
 Ah Ya Ah Ya Ah Ya You
 Ah Ya Ah Ya Ah Ya Ah Ya You

Xi Ya
 Xi Ya Xi Ya You
 Xi Ya Xi Ya You
 Xi Ya Xi Ya Xi Ya You
 Xi Ya Xi Ya Xi Ya Xi Ya You

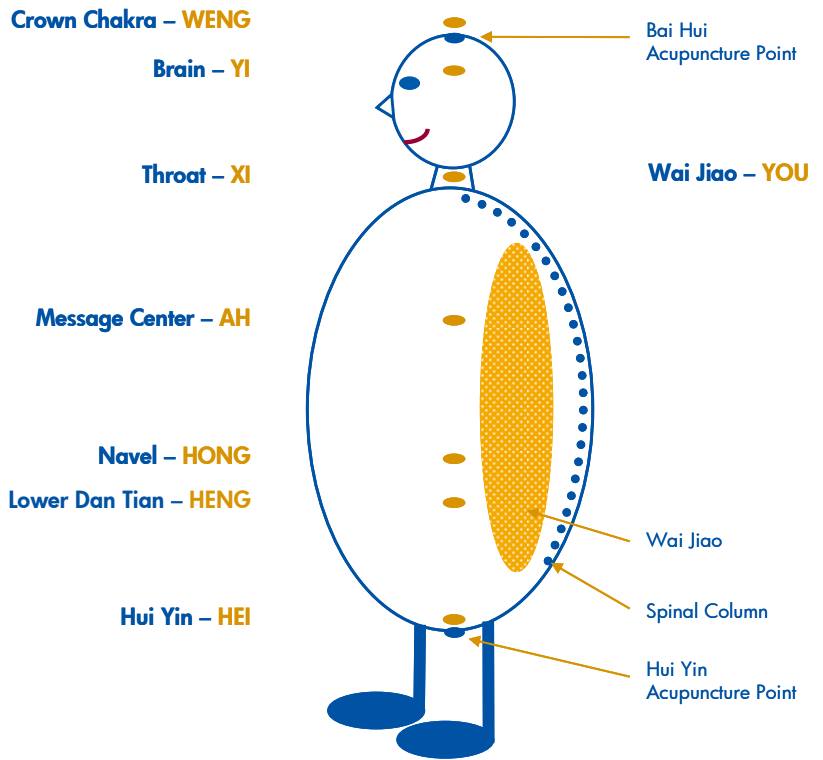
Yi Ya
 Yi Ya Yi Ya You
 Yi Ya Yi Ya You
 Yi Ya Yi Ya Yi Ya You
 Yi Ya Yi Ya Yi Ya Yi Ya You

Weng Ya
 Weng Ya Weng Ya You
 Weng Ya Weng Ya You
 Weng Ya Weng Ya Weng Ya You
 Weng Ya Weng Ya Weng Ya Weng Ya You

You Ya
 You Ya You Ya You
 You Ya You Ya You
 You Ya You Ya You Ya You
 You Ya You Ya You Ya You Ya You

Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You

You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei



Divine Sacred Soul Songs of Five Elements: Healing, Rejuvenation and Prolonging Life

Note: When doing this practice, place one palm over the Lower Dan Tian (males use left palm; females use right palm) and the other palm over the yin organ as indicated below.

Element	Yin Organ	Yang Organ	Color	Sacred Sound
Wood	Liver	Gall Bladder	Green	Jiao
Fire	Heart	Small Intestine	Red	Zhi
Earth	Spleen	Stomach	Yellow	Gong
Metal	Lungs	Large Intestine	White	Shang
Water	Kidneys	Urinary Bladder	Blue	Yu
	(Whole Body)		Rainbow	Ai

1. Divine Sacred Soul Song for Liver and Wood Element

Soul Power Say hello: *Dear soul, mind and body of my liver, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*

Body Power Place one palm over the Lower Dan Tian; place other palm over the liver.

Mind Power Visualize **green light** vibrating in your liver.

Sound Power Sing:
Jiao Ya
Jiao Ya Jiao Ya You
Jiao Ya Jiao Ya You
Jiao Ya Jiao Ya Jiao Ya You
Jiao Ya Jiao Ya Jiao Ya Jiao Ya You

2. Divine Sacred Soul Song for Heart and Fire Element

Soul Power Say hello: *Dear soul, mind and body of my heart, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*

Body Power Place one palm over the Lower Dan Tian; place other palm over the heart.

Mind Power Visualize **red light** vibrating in your heart.

Sound Power Sing:
Zhi Ya
Zhi Ya Zhi Ya You
Zhi Ya Zhi Ya You
Zhi Ya Zhi Ya Zhi Ya You
Zhi Ya Zhi Ya Zhi Ya Zhi Ya You

3. Divine Sacred Soul Song for Spleen and Earth Element

Soul Power Say hello: *Dear soul, mind and body of my spleen, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*

Body Power Place one palm over the Lower Dan Tian; place other palm over the spleen.

Mind Power Visualize **yellow light** vibrating in your spleen.

Sound Power Sing:
Gong Ya
Gong Ya Gong Ya You
Gong Ya Gong Ya You
Gong Ya Gong Ya Gong Ya You
Gong Ya Gong Ya Gong Ya Gong Ya You

4. Divine Sacred Soul Song for Lungs and Metal Element

- Soul Power** Say hello: *Dear soul, mind and body of my lungs, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*
- Body Power** Place one palm over the Lower Dan Tian; place other palm over a lung.
- Mind Power** Visualize **white light** vibrating in your lungs.
- Sound Power** Sing:
Shang Ya
Shang Ya Shang Ya You
Shang Ya Shang Ya You
Shang Ya Shang Ya Shang Ya You
Shang Ya Shang Ya Shang Ya Shang Ya You

5. Divine Sacred Soul Song for Kidneys and Water Element

- Soul Power** Say hello: *Dear soul, mind and body of my kidneys, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*
- Body Power** Place one palm over the Lower Dan Tian; place other palm over a kidney.
- Mind Power** Visualize **blue light** vibrating in your kidneys.
- Sound Power** Sing:
Yu Ya
Yu Ya Yu Ya You
Yu Ya Yu Ya You
Yu Ya Yu Ya Yu Ya You
Yu Ya Yu Ya Yu Ya Yu Ya You

6. Divine Sacred Soul Song for Whole Body

- Soul Power** Say hello: *Dear soul, mind and body of my body, I love you. You have the power to heal and rejuvenate yourself. Do a good job. Thank you.*
- Body Power** Place one palm over the Lower Dan Tian; place other palm over the Message Center.
- Mind Power** Visualize **rainbow light** vibrating in your whole body.
- Sound Power** Sing:
Ai Ya
Ai Ya Ai Ya You
Ai Ya Ai Ya You
Ai Ya Ai Ya Ai Ya You
Ai Ya Ai Ya Ai Ya Ai Ya You

Divine Sacred Soul Song of Yin Yang Energy Circle

Soul Power Say hello: *Dear soul, mind and body of my Yin Yang Energy Circle, I love you. You have the power to develop yourself. Do a good job. Thank you.*

Body Power Sit on palm under the Hui Yin area; place other palm over the crown chakra.

Mind Power Visualize **golden light** in each soul house moving from the first soul house in the Hui Yin area up the center of the body to the seventh soul house above the Bai Hui acupuncture point at the top of the head, then down the back of the body in front of the spinal column to the First Soul House.

Sound Power Sing:
Hei Heng Hong Ah Xi Yi Weng You
Hei Heng Hong Ah Xi Yi Weng You
Hei Heng Hong Ah Xi Yi Weng You
Hei Heng Hong Ah Xi Yi Weng You

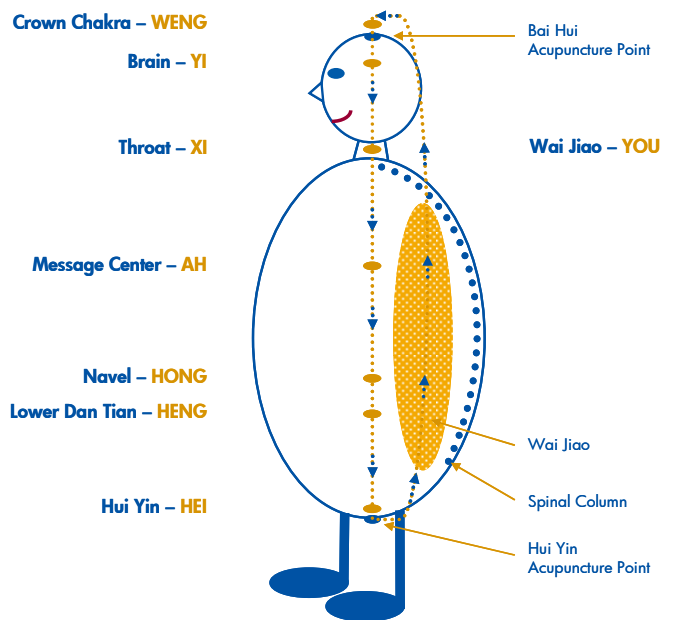
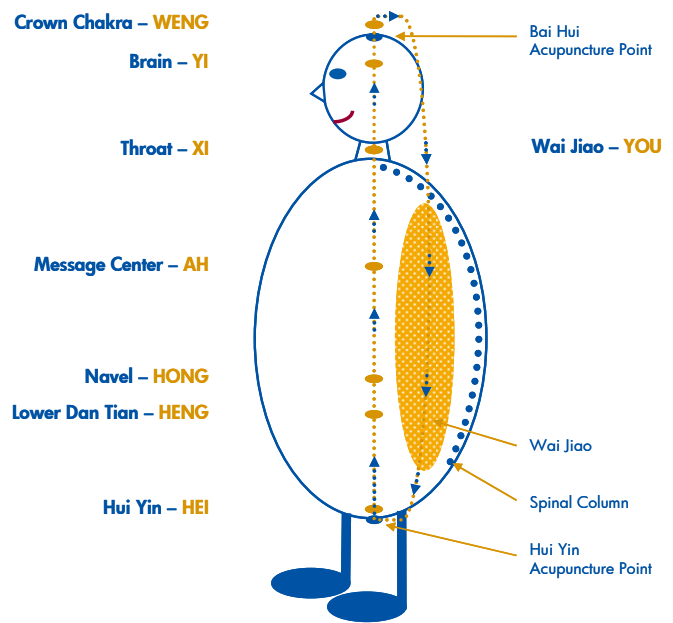
Divine Sacred Soul Song of Yin Yang Matter Circle

Soul Power Say hello: *Dear soul, mind and body of my Yin Yang Matter Circle, I love you. You have the power to develop yourself. Do a good job. Thank you.*

Body Power Sit on palm under the Hui Yin area; place other palm over the crown chakra.

Mind Power Visualize **golden light** in each soul house moving from the first soul house in the Hui Yin area up the spinal cord to the seventh soul house above the Bai Hui acupuncture point at the top of the head, then down the center of the body to the First Soul House.

Sound Power Sing:
You Weng Yi Xi Ah Hong Heng Hei
You Weng Yi Xi Ah Hong Heng Hei
You Weng Yi Xi Ah Hong Heng Hei
You Weng Yi Xi Ah Hong Heng Hei



Divine Sacred Soul Songs of Five Elements

Jiao Ya
 Jiao Ya Jiao Ya You
 Jiao Ya Jiao Ya You
 Jiao Ya Jiao Ya Jiao Ya You
 Jiao Ya Jiao Ya Jiao Ya Jiao Ya You

Zhi Ya
 Zhi Ya Zhi Ya You
 Zhi Ya Zhi Ya You
 Zhi Ya Zhi Ya Zhi Ya You
 Zhi Ya Zhi Ya Zhi Ya Zhi Ya You

Gong Ya
 Gong Ya Gong Ya You
 Gong Ya Gong Ya You
 Gong Ya Gong Ya Gong Ya You
 Gong Ya Gong Ya Gong Ya Gong Ya You

Shang Ya
 Shang Ya Shang Ya You
 Shang Ya Shang Ya You
 Shang Ya Shang Ya Shang Ya You
 Shang Ya Shang Ya Shang Ya Shang Ya You

Yu Ya
 Yu Ya Yu Ya You
 Yu Ya Yu Ya You
 Yu Ya Yu Ya Yu Ya You
 Yu Ya Yu Ya Yu Ya Yu Ya You

Ai Ya
 Ai Ya Ai Ya You
 Ai Ya Ai Ya You
 Ai Ya Ai Ya Ai Ya You
 Ai Ya Ai Ya Ai Ya Ai Ya You

Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You
 Hei Heng Hong Ah Xi Yi Weng You

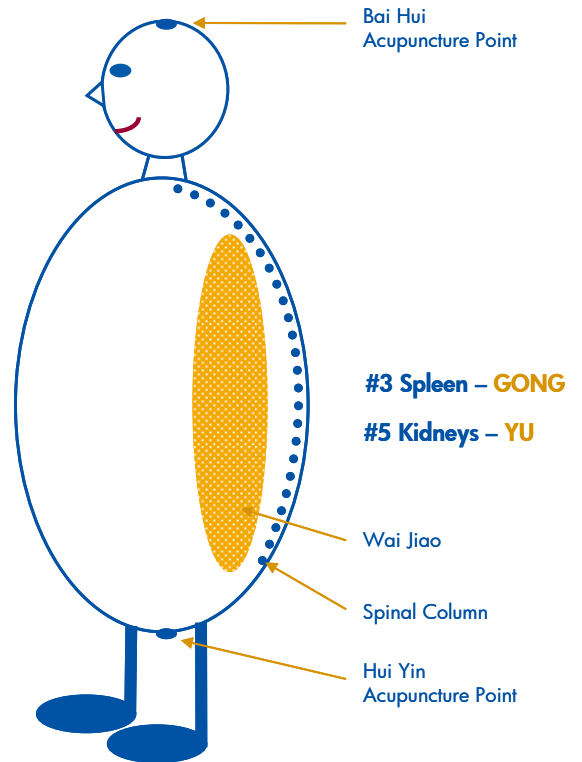
You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei
 You Weng Yi Xi Ah Hong Heng Hei

#6 Whole Body – AI

#4 Lungs – SHANG

#2 Heart – ZHI

#1 Liver – JIAO



Divine Soul Song God Gives His Heart to Me

*God gives his heart to me
God gives his love to me
My heart melds with his heart
My love melds with his love*

*Shang di gei wo ta di xin
Shang di gei wo ta di ai
Wo di xin rong yu ta di xin
Wo di ai rong yu ta di ai*

*Lu La Lu La La Li
Lu La Lu La La Li
Lu La Lu La Li
Lu La Lu La Li*